

## Monday

### **Parkour/Freerunning Project**

*For those interested in this sport at any level*

Ages 10 to 13 years: 4.30 – 5.30pm

Ages 14 to 17 years: 5.30 – 6.30pm

Harrow Lodge Park, Hornchurch

Call 07947257562

## Wednesday

### **Robert Beard Youth Club**

*A range of activities & learning opportunities*

7.30 – 9.30 at the Robert Beard Youth Centre

233 High Street, Hornchurch. Call 01708 450609

### **The Youth Bus**

*Check out where the Bus will be in Havering - Games, Chat, Advice, Music and More*

6 – 8pm. Call 07947257562

## Friday

### **Junior Club**

*A range of activities and life skill projects (school years 5 to 7)*

6.30 – 8.30pm at the Robert Beard Centre

233 High Street, Hornchurch. Call 01708 450609

## Sunday

### **Swim and Gym**

*A health and wellbeing project for young people with additional needs*

11am – 1pm at Hornchurch Leisure Centre. Call 01708 450609

## One to One support

*Young people can receive one to one support from youth workers on various days/times*

Call 01708 450609

## Other Projects

*A range of other projects are organised throughout the year to support young people*

Call 01708 376004

## Tuesdays

### **The Youth Bus**

*Check out where the Bus will be in Havering - Games, Chat, Advice, Music and More*

6 – 8pm. Call 07947257562

### **Duke of Edinburgh Award Scheme**

*Bronze, Silver or Gold Awards*

7 – 9pm at the Robert Beard Youth Centre

233 High Street, Hornchurch. Call 01708 450609

### **Revellers Junior Club**

*A club for young people with additional needs*

6.45 – 8.45pm at the myplace Centre

343 Dagnam Park Drive, Romford

Call 01708 376004

### **Royals Youth Club**

*A range of activities & things to do and learn*

6.30 – 8.30pm at the Royals Youth Club

Viking Way, Rainham

Call 01708 525601

## Thursday

### **Central Park Street Sports**

*Youth Workers supporting young people in the park*

5.15 – 7.15pm at Central Park

Next to myplace 343 Dagnam Park Drive, Romford

Call 01708 376004

### **Amps Club at myplace**

*Positive activities for young people*

7 – 9pm at the myplace Centre

343 Dagnam Park Drive, Romford

Call 01708 376004

### **Revellers Senior Club**

*A club for young people with additional needs*

7 – 9pm at the Robert Beard Youth Centre

233 High Street, Hornchurch.

Call 01708 450609

### **Go Girls**

*Supporting young women's personal development*

5 – 7pm at myplace 343 Dagnam Park Drive,

Call 01708 376004

### **The Youth Bus**

*Check out where the Bus will be in Havering - Games, Chat, Advice, Music and More (12 – 18)*

6 – 8pm. Call 07947257562

