



Starting in 1921 the Royal British Legion began selling Remembrance Poppies to raise funds for ex-service men suffering the effects of wounds received on active service for King and Country.

The first two minute silence was held over a hundred years ago on 11 November 1919 at the request of King George V when he asked the public to observe a two minute silence at 11 am to honour our glorious dead.

Today all over the United Kingdom and the Commonwealth we show our respect for the courage and endurance of our fighting men and women when we assemble in our thousands to give thanks to those for our freedom and democracy.

This year sadly, due to the presence of another unseen enemy, the numbers will be greatly reduced and together using all safety measures we will defeat that enemy too.

This year the best way for us to show our respect and pride will be for us hold a two minute silence ALL OVER THE COUNTRY at 11am on the the 11th November Less We Forget.

They shall not grow old as we who are left grow old
Age shall not wear them nor the years condemn
At the going down of the sun and in the morning
WE'LL REMEMBER THEM.

Councillor Denis O'Flynn

Ex Royal Inniskillen Fusiliers

Armed Forces Champion Havering Council.

God Save the Queen.