

Havering Champions Programme

How you can get involved as a Champion:

- Create awareness of cloth nappies and the Havering Real Nappies scheme by just spreading the word/message to family, friends, neighbours and colleagues.
- Help at local events such as Nappucino's, National Childbirth Trust events, Children's Centres.
- Invite an Advisor from Havering to a community meeting/event or baby group that you attend, to give a talk about the nappies and scheme.
- Add information about real nappies and the campaign on any community websites that you participate in.
- Follow and Like Facebook groups related to the nappies e.g. Cloth Bum Mums
- Distribute leaflets at baby groups and events that you attend or local community centres.
- Act as a point of contact in your area for local community support and advice on cloth nappies.
- Communicate and report any issues with the nappies or campaign to the Havering Recycling Team designated Advisors.
- Run your own talks on cloth nappies in local groups that you attend.
- Display campaign posters on local notice boards and in community buildings
- Ask local businesses and shops to display posters.
- Attend Nappucino's or nappy talks as a speaker.
- Attend focus groups set up by the Havering Recycling Team to get feedback about the campaign.
- Put together articles, stories and information about real nappies to go into the Nappies Newsletter.
- Provide us with feedback on any activities or events that you have attended in relation to the nappies, including numbers of people you have spoken to about real nappies.

What the Havering Recycling team can offer Champions:

- Ongoing support and advice
- Invite you to attend quarterly meetings for feedback and support
- Send you half yearly newsletters and include your input into these.
- Keep you updated on developments and forthcoming activities/events/campaigns

- Invite you to attend Nappucinos and events/talks alongside the Nappies Advisor.
- Networking opportunities.
- Additional resources for activities that you undertake.
- Invite you to attend other workshops organised by the Recycling Team (such as Love Food Hate Waste) as priority places.
- Nappy samples to test
- Invite you to share your experiences as a speaker at events
- Listen to your ideas and feedback about the nappies and campaign, using this to help improve the scheme.
- Promote your activities on our website and Facebook/Twitter pages.
- Set up a Nappy Champions closed Facebook Group for you to share your ideas and experiences and support each other.

Benefits of becoming a Champion:

- Helping your local community
- Helping the Environment
- Sharing ideas
- Feel good factor
- Good experiences and opportunities
- Networking