Early Help

Tim Churchward
YOS and EH GM

www.havering.gov.uk
Topics to cover today:

• Restructure
• Universal Services, Children’s Centres
• Parenting
• Tier 2 Early Help
• Families Together, Targeted Support
• Schools’ Support
• Outcome Star
• Step-up, step-down and joint working
• Volunteering
• Advocacy/Independent visitors
EH Restructure
Implemented 1st October 2016
Troubled Families Development Manager  
*DBS – Enhanced Children’s*  
PAULA HILL 1FTE

- **Seconded Teenage Pregnancy Worker**  
  *DBS – Enhanced Children’s*  
  NATALIE BOND 0.5FTE

- **Seconded Adult Community Mental Health Worker**  
  *DBS – Enhanced Children’s*  
  LYNN SLAUGHTER 1FTE

- **Early Help and Troubled Families Project Officer**  
  *DBS – Enhanced Children’s*  
  LAUREN SATCHELL 1FTE

- **Troubled Families Senior Data Analyst**  
  *DBS – Enhanced Children’s*  
  HETAL PATEL 1FTE

- **Troubled Families Data Assistant**  
  *DBS – Enhanced Children’s*  
  VICKY FITZGERALD 1FTE

- **Troubled Families Data Assistant**  
  *DBS – Enhanced Children’s*  
  HOLLIE YOUNG 1FTE

- **Troubled Families Data Assistant**  
  *DBS – Enhanced Children’s*  
  RAHANA KHALIQ 1FTE

Note: These roles are featured here for illustration purposes only as they actually sit with the Business and Performance team.

Note: This role is not included in the restructure as it is a 1 year secondment direct from Mental Health.

Note: Is included in the restructure even though it is funded by Public Health. This is due to the fact that the worker reports directly into the EH Service.

Troubled Families Development Manager & Project Officer will be costed to A39240 - Troubled Families.
Havering
LONDON BOROUGH
Children Centres, Early Help and
Parenting
Tim Churchward– Group Manager
Introduction

• Our Vision

• Enhanced 0-5 offer (Children’s Centre’s)

• Location of Children's Centre's

• Referral Process
Our Vision

• Our vision is to promote the well-being and resilience of families with children from conception to 18 in a timely way offering high quality and effective services.

• Early Help empowers and supports children, young people and families to find solutions and be equipped to cope with future needs as they may arise without statutory support.

• The advice, guidance and support will enable children and families to remain safely in their communities, improve their outcomes and prospects, while reducing the need for more specialist support.

• The service will sustain family cohesion by preventing needs arising, intervening early to tackle emerging problems and targeting support for Havering’s most vulnerable families.
Early Years Offer 0-5 years

• To create an enhanced Early Years offer for 0-5’s which includes integrated pathways between Early Help, education, health and other key partners to streamline the referral process for children & families accessing services.

• To deliver a full programme of activities at each of the 6 Children Centre sites offering both universal and targeted services with a single point of access for families receiving support or a service.

• To provide a range of Parenting interventions which includes the delivery of evidence based parenting programmes based on sound research which aim to strengthen the parent/child relationship and improve outcomes for children and young people.

• To have clear governance arrangements in place including Advisory Panels with representation from partners and parents to facilitate ongoing improvements in service delivery in line with Ofsted requirements.
### Location of Children’s Centre’s

<table>
<thead>
<tr>
<th>South Locality</th>
<th>North Locality</th>
<th>Services being delivered by partners include:</th>
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<tbody>
<tr>
<td>Elm Park CC</td>
<td>Collier Row CC</td>
<td>• Child Health &amp; Development Clinics</td>
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<tr>
<td>Rainham Village CC</td>
<td>Ingrebourne CC</td>
<td>• Midwifery Services</td>
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<tr>
<td>St Kilda CC</td>
<td>Chippenham Rd CC</td>
<td>• Family Mosaic</td>
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<td>• Solace Counselling</td>
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<td><strong>Children’s Centre Coordinator</strong></td>
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<td>• Birth Registrations</td>
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<td>• Freedom Programme</td>
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<td><strong>Helen Anfield</strong></td>
<td><strong>Linda Parsons</strong></td>
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Services currently being delivered by Early Years Practitioners include:-

- Weekly activity sessions including Stay & Play
- Baby Massage
- Infant Feeding Group
- Book Start Corner
- Dad’s Club

Services being delivered by partners include:-

- Child Health & Development Clinics
- Midwifery Services
- Family Mosaic
- Solace Counselling
- Birth Registrations
- Freedom Programme
Referral Process

• To access a parenting programme all enquiries can go through the following e-mail address: parenting@havering.gov.uk

• Following the launch of the new Children’s Centre’s Activity Programmes, a referral form for accessing a targeted place within the activity groups for partners, will be circulated shortly. Please contact the Children’s Centre Co-ordinators for further details.

Helen.Anfield@havering.gov.uk or Linda.Parson@havering.gov.uk
Key Aims of the Under 5’s Offer

- Improving partnership working
- Focus on expectant mothers
- Building school readiness
- Building resilience
- Governance
Parenting Programmes

- **Strengthening Families Programme** – Start date for programme 11.1.2017
  - A 14 week course for families, for 3 hours per week during term time. Culturally sensitive parenting program for parents of 3-18 year olds.
  - Incorporating 5 main components: positive parenting, enhancing relationships, community engagement and child development taking into account cultural/spiritual beliefs.
  - Issues affecting parenting such as domestic abuse /alcohol /drugs /mental health /gangs /challenging behavior and community influences.
  - The aim of the programme is to improve parent self-esteem and parent child relationships to promote community networks and to reduce family and community violence. This course has 2 facilitators that are accredited to run the programme and a maximum group size of 15 parents / carers.

- **STOP Programme** – Start date for programme 21.9.2016
  - A 10 week programme, run for 2 hours per week.
  - The programme is for parents and carers of young people aged 10-16 years old living in Havering who present with general behaviour difficulties including oppositional behaviour, attention deficits and hyperactivity and children ‘at risk’ of offending.
  - The programme is not suitable for parents of young offenders; young people that have been convicted of a crime.
  - The aim of the programme is to assist parents of young people to understand and cope with their problems, and to manage their behaviour in a positive manner. It also aims to provide parent’s and carers with listening and praise techniques to use with young people. The programme is run by 2 facilitators with a maximum group size of 12 parents.
Parenting Programmes

- **Incredible Years Babies – Start date to be confirmed**
  - A 6 week programme for parents / carers with children under the age of 1 years old. This course is run with the babies in the group for 1.5 hours per week.
  - The Incredible Years Babies programme will show some of the ways that babies communicate and how parents can nurture, teach and respond to their babies in sensitive ways that bring about their social, emotional, physical and intellectual development.
  - The aim of this programme is to strengthen parenting skills, increase parents confidence in promoting babies social, emotional, physical and learning development. This course is run by 2 accredited facilitators with a maximum group size of 8 parents and their babies.

- **Incredible Years – Start date to be confirmed for January 2017**
  - A 14 week programme for parents / carers, 2.5 hours per week, term time only. For parents that have children between the ages of 2 and 10 years.
  - Parenting session promoting child directed play, promoting language through play, increasing parent and child self-confidence, promoting praise and encouragement, establishing clear and predictable routines, positive discipline and effective limit setting and managing difficult behaviour.
  - The aim of this course is to strengthen parenting skills, increase parents confidence in promoting children’s social, emotional, physical and learning development. This course has 2 facilitators accredited to run the programme and a maximum group size of 15 parents / carers.

apply ▼ pay ▼ report ▼
www.havering.gov.uk
Parenting Programmes

- **Mellow Parenting**
  - A 14 week programme for one full day per week (non term time) for young parents and their children up to the age of 5 years old. A crèche is provided for this course, with breakfast and lunch / snacks for the whole day.
  - Comprehensive sessions for young parents to explore past relationships and experiences. Support and knowledge around child development and routines. Supports positive attachment and improves child behaviours.
  - This course aims to address parental issues and improves parental self-confidence and child attachment. Increase positive outcomes for young parents and their children. It is run by 2 accredited facilitators with the correct ratio of trained crèche workers to children, and a maximum group size of 12 parents.

- **Parent Surgery**
  - A universal service for residents of Havering, for parents and carers to gain advice and guidance on dealing with their child/ren's behaviour.
  - Held at Ingrebourne children's centre and community hub every other Monday 10am – 7pm, and at St. Kilda children centre and community hub every Thursday 10am – 7pm.
  - One to one appointments with the parenting practitioners, an hour per session, booking is essential.

For further advice on Parenting Programmes or Parent Surgery please contact the parenting team at parenting@havering.gov.uk
Early Help – Tier 2
Tim Churchward– Group Manager
Working with:

- Tier 2 families, additional needs that aren’t statutory
- Outcomes Star, TAFs, reviews, multi-agency work
- Cases open between 6-12 months
- Working to rag-rating
Working for:

• Families with specific unmet needs

• Lighter touch and family-led

• Promoting resilience in families

• Step-down and no repeat-referrals
Families Together – Tier 3/4
Tim Churchward– Group Manager
Working with:

• Tier 3 and 4 families, Edge of Care/custody

• Joint working with statutory agencies (Social Care and YOS)

• Cases open between 3-6 months

• Intensive working (at least 3 times a week)
Working for:

• Families with acute unmet needs

• Intensive and consistent timescales

• Promoting independence in families

• Exit plans
Schools’ Support Practitioners
Building capacity

• Support children of primary school age at risk of being excluded

• Working closely with Virtual School

• Funded by Learning and Achievement

• Access to Children’s Centres for work to be completed
Outcomes Star
Parent: I was involved in completing this Star Chart
Star Notes

1 Physical health

2 Your well-being

3 Meeting emotional needs

4 Keeping your child safe

5 Social networks
6 Education and learning

7 Boundaries and behaviour

8 Family routine

9 Home and money

10 Progress to work
## Action Plan

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<thead>
<tr>
<th>Priority area and stage/step</th>
<th>Next goal</th>
<th>SMART actions</th>
<th>By who?</th>
<th>By when? (date)</th>
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**Signatures:**

Parent: [Signature]  Date: [Date]  Staff: [Signature]  Date: [Date]
What we hope to achieve

• More family led

• Understanding the VOC

• Planning is targeted and SMART

• Journey of change through review process
Step-up and step-down

Tim Churchward – Group Manager
Early Help Step Up Flow Chart

EH Practitioner identifies case needs to progress to Social Care

EH Practitioner to discuss case with their line manager
**Within 4hrs of identification**

Line Manager agrees case needs to progress to Social Care

Line Manager to discuss and get approval from an EH Group Manager or Service Manager
**Within 1hr of case discussion with EH Practitioner**

Q: Is this case being stepped up due to meeting CP threshold?

No

EH Practitioner & Group Manager to arrange a meeting with Assessment Team to review case and agree outcome
**Within 5 working Days**

Yes

MASH/Triage will review and feedback to EH Group Manager the outcome decision
**Same working day unless marked as urgent**

Following agreement from EH Group Manager or Service Manager, an email including summary of events will be sent to triage@havering.gov.uk
**Within 1hr of Management agreement**
Social Worker sends a completed Step Down/Co-Work Case referral to earlyhelp@havering.gov.uk
SW must add date of handover meeting, all request for EHS are subject to this handover meeting

EH Lead in MASH sends to Group Manager for review
**Same day**

EH Group Manager reviews and advises EH Lead in MASH if referral is appropriate/inappropriate **Within 48hrs**

EH Manager, SW and relevant professionals attend transfer meeting to agree EH role & EH Manager updates EH Lead in MASH

Outcome is recorded on CCM **Same day as agreed outcome**

Case is allocated to a EH Practitioner **Same day as agreed outcome**
### Early Help Case Step down/Co-Working - Transfer Summary

**Reason for initial contact:**

**Analytical description of intervention carried out to date:**

**Remaining needs within the family and plan of work required:**

- Detail the work you require Early Help to action and be specific about how you want the area of unmet need to be addressed.

**Details of the professional completing this form AND other professionals involved in the case:**

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<th>Other professionals involved in the case:</th>
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**Is this case to remain open to you:**

| Yes: ☐ | No: ☐ |

**Date of step-down meeting:**

<table>
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<tr>
<th>Name:</th>
<th>Role:</th>
<th>Date:</th>
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**Child's Name:**

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**CCM ID:**

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**Date Of Birth:**

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**Date Case Opened to Reefer:**

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**Parent/Carer has agreed for case to be sent to the Early Help Service:**

| Yes: ☐ | No: ☐ |
Havering Children’s Advocacy Service

This Service aims to:

• Be accessible to all looked after children and children on a Child Protection Plan or Child in Need Plan
• Capture their wishes, feelings and interests
• Ensure all issues or problems raised by children or young people are dealt with in a suitable way
• Represent these at a number of meetings
• Work closely with the Children in Care Council
Looked After Children in Havering

(Information from July 2016)

243 Havering LACs (127 in Borough)

25 in residential settings
150 in foster care
22 with family and friends
1 in Family Assessment Unit
7 with prospective adopters
2 in secure accommodation
27 semi-independent
3 placed with parents
Early Help Service Volunteers

• 28 volunteers in post:
  ✓ Family Coach
  ✓ YOS Community Panel & Restorative Justice
  ✓ Family Group Conference Advocacy
  ✓ Children’s Centre Activities
Volunteers are supporting:

- Our universal offer
- Young people who engage with YOS
- Families to become independent
- Children to have a voice
The future of Early Help volunteering

- **INDEPENDENT VISITORS**
  - For every young person in care

- **SMOKING CESSATION**
  - To promote healthy living for families

- **HOMELESS HOSTEL ACTIVITY GROUPS**
  - To support families in their local community
The future of Early Help volunteering

INDEPENDENT VISITORS

• For every young person in care
• Befriending scheme with external trips/activities for up to two years
• Careful recruitment with two days training and panel interview
• National IV Network